

# Food for Thought

Metro-Erie Meals On Wheels / (814) 452-6930 / [www.MealsOnWheelsErie.org](http://www.MealsOnWheelsErie.org)

**R**eferral agencies are being developed for Metro-Erie Meals On Wheels. These like-minded agencies already have contact with our most vulnerable senior citizens and we want to tell them about the Meals On Wheels opportunity.

## This Way To Get A Meal

We want to be sure their clients know about us, how much meals cost, and how to sign up to get meals delivered to their homes.

Current agencies are St. Martin Center, Multicultural Community Resource Center, and Erie County Care Management. In process are Erie Regional Cancer Center, Senior Helpers, VA Caregiver Support Program, Stairways, Great Lakes Health Care, Community Health Net, and Safe Harbor.

We will also be in touch with our hospitals to help their in-home, recuperating patients who cannot get out to shop or prepare meals for themselves on a short term basis.

If you know of a possible agency to include, please call us or drop us an email.

## Welcome New Volunteers!

**W**elcome to our new volunteers who recently joined us.

Lynne Crane will be joining us today. She will be delivering on Fridays and will assigned a route very soon.

**Reminder:** We can custom design a driving map for you! Just let us know where you want your last delivery to be scheduled.

1128 State Street  
Suite 317  
Erie, PA 16501  
(Citizens Bank building)

8AM to 4PM

p (814) 452.6930

f (814) 452.6931

**WANTED:**  
Volunteers  
to answer phones  
10AM to NOON

## SMC Survey Going Out

**O**n Monday, July 16, Metro-Erie Meals On Wheels will provide a Client Satisfaction Survey to its clients on SMC routes. This date marks the fact that all clients will have received all four meal cycles. Now that they have we want to know how we're doing.

The survey will specifically target meals. We will be asking about overall satisfaction, tastiness, packaging, amount, and about the five components of the meals—not entrée, bread, juice, salads and desserts.

I will report the results as soon as I have enough back to give us a solid critique of the new kitchen.



With the passage of The Budget Control Act of 2011 last summer, there are a series of automatic spending cuts, known as sequestration, which may go into effect as of January 2, 2012, unless Congress reaches a different agreement. Senior Nutrition Programs (SNPs) fall into a federal budget category known as "non-defense discretionary programs" (NDD) and are subject to the automatic spending cuts, which by the most conservative estimates would be 7.8%.

Meals On Wheels Association of America—MOWAA (of which we are a member) has joined with a coalition of more than 2,000 national leaders and networks urging lawmakers to find budget solutions that would not include further cuts to NDD programs. MOWAA continues its efforts to raise awareness about this issue and the importance of SNPs to vulnerable populations. Should you have any questions about the FY 2013 appropriations process, the coalition letter and/or sequestration, please do not hesitate to contact Erika Kelly, Assistant V.P., Policy & Legislation, at [Erika@mowaa.org](mailto:Erika@mowaa.org) or (703) 548-5558.



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